

# Don't Lose Sight of Diabetic Eye Disease From Your Primary Care Doctor

Our records say that you last had a diabetes eye exam on \_\_\_\_\_.  
This special eye exam once a year can help prevent blindness.

The American Diabetes Association and New Mexico Health Care Takes On Diabetes suggest that people with diabetes get this eye exam by an eye doctor each year.

Call your eye doctor today to make an appointment. When you have your eye exam, **please ask your eye doctor to send us the results for our records.** If you have already had your yearly eye exam, please call us and let us know.

We care about your health!

The staff at \_\_\_\_\_.

## Ask Your Doctor or Nurse: "Am I Due for ...?"

	Last Test Date	Last Test Result	Next Test Due
<input type="checkbox"/> Blood sugar test (each visit)	_____	_____	_____
<input type="checkbox"/> Blood pressure check (each visit)	_____	_____	_____
<input type="checkbox"/> A1C test (every 3 to 6 months)	_____	_____	_____
<input type="checkbox"/> Dental exam (every 6 months)	_____	_____	_____
<input type="checkbox"/> Cholesterol test (yearly)	_____	_____	_____
<input type="checkbox"/> Urine protein test (yearly)	_____	_____	_____
<input type="checkbox"/> Complete foot exam (yearly)	_____	_____	_____
<input type="checkbox"/> Eye exam (yearly)	_____	_____	_____
<input type="checkbox"/> Teaching on healthy eating habits (every 1 to 2 years)	_____	_____	_____
<input type="checkbox"/> Teaching on diabetes self-care (every 1 to 2 years)	_____	_____	_____
<input type="checkbox"/> Flu shot (yearly)	_____	_____	_____
<input type="checkbox"/> Pneumonia shot (every 5 years, may need booster)	_____	_____	_____