



Eye Care Resources: A Patient and Provider Tool

American Academy of Ophthalmology

655 Beach Street
San Francisco, CA 94109-1336
(415) 561-8500
Fax: (415) 561-8533
www.aao.org

Resources

- ❖ Diabetic Eye Disease
- ❖ Diabetic Retinopathy Patient Brochure - a sample brochure is available at no cost by calling (415) 447-0258 or visiting the Academy Store to order

New Mexico Academy of Ophthalmology

www.nmos.org

American Association of Diabetes Educators

100 W. Monroe, Suite 400
Chicago, IL 60603
(312) 424-2426
1-800-338-3633
www.diabeteseducator.org

Resources:

- ❖ Understanding Diabetic Retinopathy: An Introduction to One Diabetes Complication for Healthcare Providers-A co-provided presentation planned and developed with the American Optometric Association
- ❖ A CORE Curriculum for Diabetes Education, 5th Edition-The premiere resource in the field of diabetes self-management, care and research
- ❖ Almost every diabetes educator who works with adults will at some time encounter individuals with both diabetes and visual impairment. Now available to diabetes educators is a guide titled, A Quick Guide - When Your Patient Has Visual Impairment: What to do? For a downloadable copy visit [207.36.37.10/Educational Campaigns/HVM.html](http://207.36.37.10/Educational_Campaigns/HVM.html)

American Diabetes Association (ADA)

1701 N. Beauregard Street
Alexandria, VA 22311-1717
(703) 299-2069
1-800-342-2383 (general diabetes information)
www.diabetes.org
E-mail: AskADA@diabetes.org

Resources:

- ❖ Diabetes: What to Know Head to Toe
 - ❖ Brochure: What to Know Head to Toe -- 1-800-342-2383
 - ❖ Diabetes Outcomes Card -- 1-800-342-2383
 - ❖ Diabetic Eye Disease: How much do you know?
 - ❖ American Diabetes Association Position Statement: Diabetes Retinopathy (January 2000)
 - ❖ www.diabetes.org/diabetes-statistics/eye-complications.jsp
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American Optometric Association

1505 Prince Street, Suite #300
Alexandria, VA 22314
1-800-365-2219 X 4284
www.aoa.org

Resources

- ❖ Answers to Your Questions about Diabetes and Vision
 - ❖ Diabetic Retinopathy Fact Sheet
 - ❖ Health Conditions that Affect Your Eyes (Spanish)
 - ❖ What Black Americans Should Know About Eye Health
 - ❖ Answers to Your Questions about Common Vision Conditions
 - ❖ Sample patient educational brochures available at no cost by calling **1-888-396-EYES** or for more information visit www.aoa.org
 - ❖ Professional education materials include Care of the Patient with Diabetes Mellitus and Quick Reference Guide to Care of the Patient with Diabetes Mellitus
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New Mexico Optometric Association

www.newmexicooptometry.org

Centers for Disease Control and Prevention (CDC)

4470 Buford Highway, NE (K-68)
Atlanta, GA 30341-3724
(770) 488-1274
FAX: (770) 488-1148
www.cdc.gov

EyeCare America

655 Beach Street
San Francisco, CA 94109-1336
(415) 561-8500
Fax: (415) 561-8567
www.eyecareamerica.org

Call to see if you, a family member or a friend may be eligible to receive a referral, **800-272-EYES (3937)**. EyeCare America Helplines operate 24 hours, 7 days a week, 365 days a year.

Resources

- ❖ Diabetes EyeCare Program referral call **1-800-272-EYES (3937)** toll-free, 24 hours a day, seven days a week, 365 days a year
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Eye Care Resources: A Patient and Provider Tool

eyeSmart

A public awareness campaign sponsored by the American Academy of Ophthalmology

www.geteyesmart.org

Resources

- ❖ Eye diseases, including diabetic retinopathy

Juvenile Diabetes Research Foundation International (JDRF)

120 Wall Street, 19th Floor

New York, NY 10005-4001

(212) 785-9500

1-800-533-2873

www.jdrf.org

Resources

- ❖ Life with Diabetes
- ❖ Diabetes and Eye Disease
- ❖ General Diabetes Facts
- ❖ Type 1 Fact Sheet

Lighthouse International

111 East 59 Street

New York, NY 10022-1202

(212) 821-9200

1-800-829-0500

www.lighthouse.org

E-mail: info@lighthouse.org

Publications

- ❖ Diabetes Vision Loss and Aging (English & Spanish)
- ❖ Vision Loss is Not a Normal Part of Aging--Open Your Eyes to the Facts!

Lions Clubs International

300 W 22nd Street

Oak Brook, IL 60523-8842

(630) 571-5466

Fax: (630) 571-1692

www.lionsclubs.org

Resources

- ❖ Diabetes Bookmark (IAD 161) pdf
- ❖ Diabetes (IAD 162) pdf
- ❖ What You Should Know About Diabetic Retinopathy (IAD 168)
- ❖ Don't Be Blind to Diabetes (Video: PR-3V)

Lions Clubs International Foundation

300 West 22nd Street

Oak Brook, IL 60523-8842

(630) 571-5466, ext. 638

Fax: (630) 571-8890

E-mail: lcif@lionsclubs.org

Resources

- ❖ LEHP CD-ROM Resource Kit

Maryland Society for Sight

1313 West Old Cold Spring Lane

Baltimore, MD 21209

(410) 243-2020

Resources

- ❖ Don't Lose Sight of Diabetes (Produced by National Eye Institute)
 - ❖ Diabetic Retinopathy (Produced by Prevent Blindness America)
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Eye Care Resources: A Patient and Provider Tool

National Association for Visually Handicapped

22 West 21st Street
New York, NY 10010
(212) 889-3141

Resources (most in large print)

- ❖ Diabetic Retinopathy
 - ❖ A Patient's Guide to Visual Aids and Illumination (In English or Russian)
 - ❖ Classification of Impaired Vision
 - ❖ Eye-Q Test (In English, Russian, or Spanish)
 - ❖ Heartbreak of Being "A Little Bit Blind"
 - ❖ How to Develop a Self-Help Group for Elders Losing Eyesight
 - ❖ It's Alright To Be Angry
 - ❖ Large Print Loan Library Catalog
 - ❖ Problems of the Partially Seeing
 - ❖ Sensitivity for People with Partial Eyesight (In English or Russian)
 - ❖ Visual Aids and Informational Materials Catalog
 - ❖ What Every Low Vision Patient Should Know... (In English, Spanish, or Russian)
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National Eye Institute (NEI)

31 Center Drive MSC 2510
Bethesda, MD 20892-2510
(301) 496-5248
www.nei.nih.gov

Resources

- ❖ Are You at Risk for Diabetic Eye Disease?
 - ❖ Diabetic Retinopathy--Information for Patients
 - ❖ Ojo Con Su Visión! (Si tiene diabetes, lea esta historia)
 - ❖ Diabetic Eye Disease Eye-Q Test (English pdf)
 - ❖ Diabetic Eye Disease Eye-Q Test (Spanish pdf)
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Prevent Blindness America

500 East Remington Road
Schaumburg, IL 60173
(800) 331-2020
Fax: (847)843-8458
www.preventblindness.org
E-mail: info@preventblindness.org

Resources

- ❖ Diabetic Retinopathy Brochure, AB20
 - ❖ Diabetic Retinopathy Risk Quiz, MK16
 - ❖ Growing Older with Good Vision Brochure, AB55
 - ❖ NEI Online Publications Catalog (materials in English and Spanish) catalog.nei.nih.gov/productcart/pc/mainIndex.asp
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Healthy Vision 2010

www.healthyvision2010.org

Healthy Vision Month

www.healthyvision2010.org/hvm



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Professional Journal Articles

- ❖ American Diabetes Association. **2007 Clinical Practice Recommendations**. Diabetes Care 2007;30:S3. Available at: www.diabetes.org.
 - ❖ **Diabetic Retinopathy**. Diabetes Care 2004 Oct;27(10).
 - ❖ American Academy of Ophthalmology Retina Panel, Preferred Practice Patterns Committee. **Diabetic retinopathy**. San Francisco (CA): American Academy of Ophthalmology (AAO); 2003.
 - ❖ Bronson SK, Reiter CEN, Gardner TW. An eye on insulin. J Clin Invest 2003;111:1817–9.
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Patient Articles

National Diabetes Education Program

- ❖ ndep.nih.gov
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American Diabetes Association

- ❖ English: Diabetes and Retinopathy (Eye Complications). Available at: www.diabetes.org/diabetes-statistics/eye-complications.jsp
 - ❖ Spanish: El cuidado de los ojos. Disponible en: diabetes.org/espanol/diabetes-tipo-2/cuidado-ojos.jsp
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National Diabetes Information Clearinghouse

- ❖ English: Prevent diabetes problems: keep your eyes healthy. Available at: diabetes.niddk.nih.gov/dm/pubs/complications_eyes/index.htm
 - ❖ Spanish: Cómo prevenir los problemas de la diabetes: Mantenga sanos los ojos. Disponible en: diabetes.niddk.nih.gov/spanish/pubs/complications_eyes/index.htm
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