



Oral Health Pathway

Risk Factors for People with Diabetes

Symptoms of Periodontal Disease

- ❖ Loose teeth
- ❖ Red, swollen gums or pain in mouth
- ❖ Pus or sores in mouth or on gums
- ❖ Bleeding gums when flossing, brushing or eating hard foods
- ❖ Persistent bad breath
- ❖ Change in the way teeth fit together
- ❖ Change in fit of dentures
- ❖ Gums pulling away, causing teeth to look longer

Low Risk	No oral symptoms reported, dental exam/cleaning within the last year, glycemic level controlled.
Moderate Risk	One oral symptom reported, last dental exam/cleaning over a year ago, glycemic level unstable, presence of compounding risk factors (poor oral hygiene, dry mouth, smoking, stress, hormonal variations).
High Risk	More than one oral symptom reported, last dental exam/cleaning over 2 years ago, poor glycemic control, presence of other systemic complications, presence of compounding risk factors (poor oral hygiene, dry mouth, smoking, stress, hormonal variations).

